



The Mountain Children's Foundation

Changing The Way The World Perceives And Works With Children



Mission Statement

- To enable children become committed, effective citizens, who through collective action, build a foundation of trust and respect for one another becoming agents of change in their communities.
- To create spaces for child participation wherein the individuality and rights of the child are respected:
 - By working closely with Government and its agents for upgrading effectiveness and efficiency of schemes and programs
 - By nurturing communities which give children opportunity to develop to their full potential
 - By identifying and removing obstacles to such growth

Where we work?

- Uttarakhand born on 9th November 2000 with 13 districts
- Pop: 10.09 million - 5.14 m males : 4.96 m females
- 9 mountain districts whose remoteness poses major challenge for growth and infrastructure
- 48 % population living in mountain districts most vulnerable
- 60% children anemic in Uttarakhand – NFHS 4
- 80% of rural settlements have population less than 500 – service delivery major challenge
- 82,000 child labour between ages 5 to 15 as enumerated by 2011 census
- Paucity of reliable data on social indicators

Migration and Uttarakhand's Ghost Villages



Male Migration for employment

- Adult Sex Ratio 963 better than India's average of 940
- 879 for Haridwar in the plains to 1139 for Almora
- Difference not indicative of better gender ratio but male migration
- Gender Gap persists in Child Sex Ratio 0-6 years at 886 against 914 for India:
 - 921 for Almora falls as low as 812 for Pithoragarh

Migration due to poor Connectivity

- Census data shows 33 villages out of 16826 villages in 2001 villages turned into ghost villages
- However data from the statistics department suggests number may be as high as 1065*:
 - Poor connectivity
 - Dwindling water resources
 - Lack of electricity
 - Poor health services
 - Unsustainable marginalized farming

**See Hindustan Times, 21 Jan 2012*

Lack of Quality Education



Literacy 69% - 75% (Male), 61% (Female)

	Children in class 9 who have class 8 level learning				
	District	Hindi	Math's	English	Science
1	Almora	49.99	32.11	35.25	34.85
2	Bageshwar	49.83	28.66	32.86	35.88
3	Champavat	43.65	22.83	24.71	28.14
4	Nainital	47.47	26.83	35.95	41.62
5	Pithoraghar	48.16	29.44	33.03	37.74
6	U S Nagar	46.94	20.16	25.85	28.69
7	Uttarkashi	41.72	24.81	23.79	28.56
8	Chamoli	52.52	30.13	36.72	44.59
9	Dehradun	35.91	18.42	22.25	24.91
10	Haridwar	49.55	28.26	40.21	47.69
11	Rudraprayag	50.61	26.23	32.9	37.61
12	Tehri	44.87	22.28	26.15	29.17
13	Pauri	50.9	30.46	36.4	41.25



The MCF Network



MCF works with children-centric Departments and programs of the Government eg. Women and Child Development, Education, Health, Social Welfare and Justice

Government agencies at the District, Block and Village Level

Engages with the Police on Child protection, child rights and prevention of abuse (the JJ ACT)

Linking all through workshops, Bal Sangathans, and its monthly magazine PABAM



Empowering Children through their Bal Sangathan Workshops



- Create a nucleus group for change and allowing it to grow organically
- Incubate Citizenship
- Develop leadership skills in girls and boys
- Experience the power of collective action
- Develop communication skills
- Map local problems and incubate local capacities for local solutions
- Reach families and communities through the children



PABAM : MCF's Outreach initiative

A magazine to connect children across the 13 districts

June 2016, 157th Issue



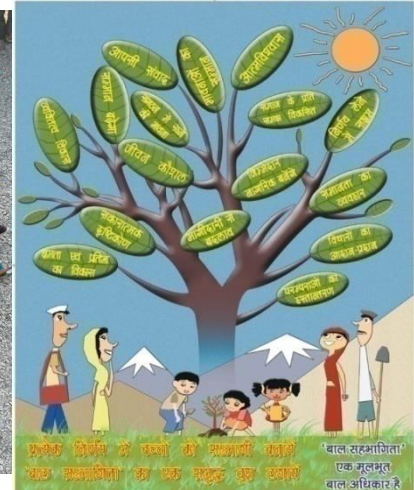
- Uninterrupted publication since 2003
- Children write in to share community learning experiences
- Incubates new ideas spreading awareness about them
- Provides
 - platform for sharing problems and solutions
 - peer network for emulation and review
- Takes the voice of children to government at local level



A Hygiene and Sanitation Program Through Child Participation in 16 villages:

- 32 Nutrition Melas - Making children understand the value of nutrition
- Participative learning for children about sanitation by making them responsible for **64 Healthy home surveys** undertaken by 563 girls, 485 boys, 273 Adults
- Resulted in **199 toilets and 1124 garbage bins being built by the community following advocacy by children**
- Over 4000 trees planted through Bal Sangthans and the village panchayats
- Children's Groups have prevented child marriages and sent children back to school through their advocacy.

MCF & CRY : Intensive Health and Sanitation Program



मेरी एक पहचान बनायें
जन्म पंजीकरण करायें

जन्म पंजीकरण
प्रत्येक बच्चे का
एक कानूनी अधिकार है

- जन्म के बाद 21 दिनों तक जन्म पंजीकरण मुफ्त होता है।
- 21 से 30 दिनों तक जन्म पंजीकरण के लिए 2 रु. का विलम्ब शुल्क देना होता है।
- 30 दिनों के बाद 1 वर्ष तक जन्म पंजीकरण, ग्रामीण क्षेत्रों में सम्बन्धित तहसीलदार के निर्देश पर 5 रु. विलम्ब शुल्क देकर कराया जा सकता है।
- 1 वर्ष के बाद क्षेत्र के उप जिलाधिकारी के लिखित निर्देश पर 10 रुपये का विलम्ब शुल्क देकर जन्म पंजीकरण कराया जा सकता है।



कार्य

फोन नं. : 91





24 X 7 Emergency Help Line for Children Protection

- Assisting distressed kids:
 - Shelter,
 - restoration to family,
 - emotional support and guidance,
 - medical support
 - School enrolment
- Outreach Activities: Open House – to pro-actively connect with vulnerable children in slums
- 1630 children assisted until 31 may 2016





- In 20 Villages of Vikas Nagar Ghat – Chamoli
- Quality Enhancement of Preprimary Education (0-3 years and 3-6 years) – 20 Anganwadis selected and initial training
- 20 Bal sangathans Total 627 children (354 girls and 273 boys) – 7 Bal sangathans have negotiated for their own space within the village
- Strengthening Govt Services through community participation – Training Mata Samitis on their roles and responsibilities
- Puppet shows to increase Community participation and responsibility
- Continuous interaction with government agencies at the district, block and village level

Central Himayan Education Initiative MCF and Himmothan Society (Tata Trust)





Disaster Mitigation, Preparedness And Management

- In 26 villages – 5 different disaster affected areas
- Trained 1107 children
- Created personal and community disaster mitigation plans through them
- State level workshop with 45 children from different areas
- Active participation of the DMMC and NGOs working in disaster attended.





Disaster Mitigation Program



Mapping Local knowledge to connect communities with their environment

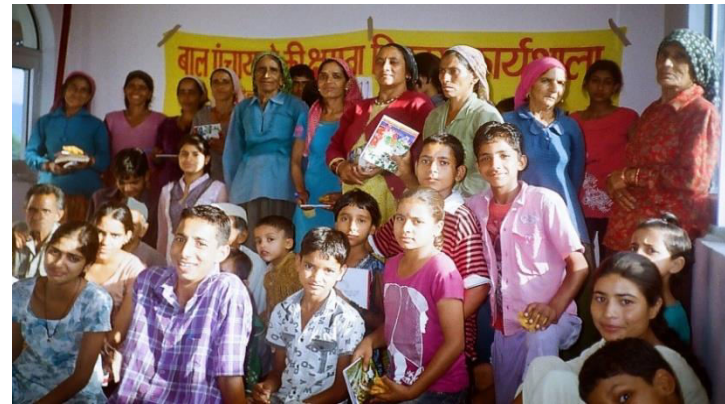
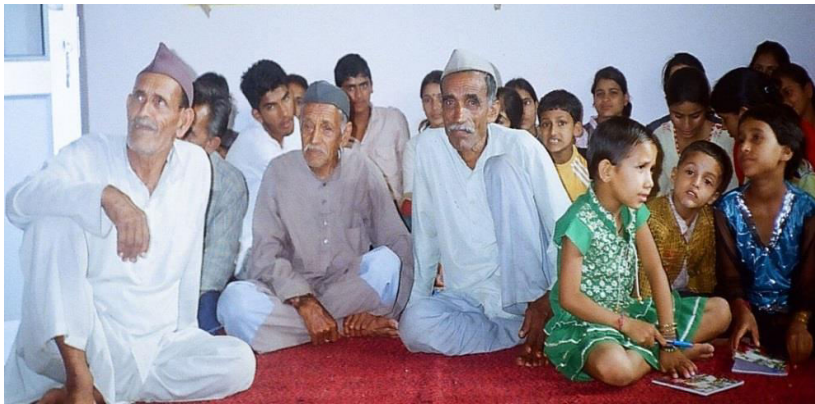


Bridging The Generation Gap

- Connecting the youth and isolated indigent elderly in the community.
- Over 722 Children and 511 Adults in 25 villages
- 7 initial workshops, second workshops completed and village *melas* conducted
- 149 stories collected by the children and their grandparents



Bridging the Generation Gap





Service Delivery and Governance

Awareness About Government Schemes And Plans

- Awareness generation through the Children of the Bal sangthans on various schemes that are there for children – Jananee Suraksha Yojna, Sukaya Yojana, IGMSY, Scholarships in schools,

Engage With Government Agents at all levels

- Catalyze interactions between children and local fuctionaries, Gram Pradhan, Ward member, Mata Samiti, Aganwadi worker, ANM etc.
- MCF co-ordinators engage at block, district and state level to facilitate local level interactions.
- 2194 delayed Birth Certificates distributed in 16 villages

RTI

- Developed 26 partners in 13 districts with 7,759 children and 500 adults in 179 villages
- Over 179 workshops completed – about 924 RTI applications filed
- Impact evident in prompt action on local problems

Right to Information Workshops



And the impact is noticeable



1) SATYAMEV JAYATE

<http://www.satyamevjayate.in/Kings-Every-Day/EPISODE-4watchvideo.aspx?uid=E4-WEB-V4>

2) OVER 150 CITATIONS IN THE PRESS, A FEW EXAMPLES BELOW:

(The Times of India, Hindustan Times, Amar Ujjala, Indian Express, Outlook, etc)

खुशी, आस्था, विकास बने गांव की आस

विकासनगर के बूड़, बड़वा और घोरे की डांडी के बच्चों ने बनाई बाल पंचायत

हिन्दुस्तान • देहरादून • मंगलवार • 19 मार्च 2013 • 06

संस्कृति के संरक्षण पर जोर

Change the course

THROUGH MCF, MOUNTAIN CHILDREN HAVE BEEN LEARNING TO BECOME THE CHANGE THEY WANT TO SEE

Healthy home evaluation

AN INTERESTING AND VALUABLE INITIATIVE THAT IS BEING UNDERTAKEN BY THE BAL SANGATHANS IN 16 VILLAGES OF THE VIKAS NAGAR BLOCK IN DEHRADUN, WITH THE MOUNTAIN CHILDREN'S FOUNDATION AND CRY, IS THE HEALTHY HOME SURVEY

**कार्यशाला में बताए
बच्चों के अधिकार**

देहरादून। पर्वतीय बाल मंच द्वारा आयोजित कार्यशाला में बच्चों को उनके अधिकारों की जानकारी दी गई। यह आयोजन मंच के दस साल पूरे होने के उपलक्ष्य में किया गया था।

**PABAM
launches
Helpline
number for
children**

DEHRADUN,
JULY 28 (HTNS)

Parvatiya Bal Vikas Manch (PABAM) today completed 1 year of running its Helpline for helpless children in Uttarakhand. The Helpline was launched at PABAM's GMS road located office on

Thank You!

