

Mountain Children's Foundation



Annual Report 2018-2019

*Change a child: change a community,
empower the future.*



We map our villages - How clean or dirty and what resources we have



A LETTER FROM ADITI KAUR, PRESIDENT OF MCF

*We live in the mountainous, rugged foothills of the Himalayas. Life here is difficult and full of unique challenges. **Life is also full of the joy and energy of the children** who live in the mountains. We see these children, who do not have many material advantages, as unique, dynamic individuals with the power to construct a positive and promising future.*

***We formed the Mountain Children's Foundation to help these children tap into their own immense gifts of enthusiasm, compassion, and fearlessness to change and uplift their communities.** They have done this! And continue to do this, with a little help and support.*

***When we created the MCF, we did not know how much it would grow and flourish,** and how many lives it would touch and how far its effects would be felt. Small drops of empowering change have led to child centered programs in education, disaster preparedness, health and sanitation, teacher training and after-school support for children, advocacy for children's rights, abuse prevention, and environmental-climate awareness **in 48 villages** in the central Himalayas and the foothills.*

***We connected our children** with college students across continents to work together on creative after-school learning designs in 2018-2019. Our partners SOIR IM (Sweden), CHILDLINE India Foundation and Himmotthan have been our biggest support in participation, health, education and protection. These relationships have opened many doors for the children.*

***We continue to grow, and our work continues.** Our other partners include the NSF (The Nuclear Software Foundation), ERC (Education Resource Center), Small Change, ICA (Indians for Collective Action) and the students of Education Studies at Macalester College, Minnesota, USA.*

Join us!

A small amount of support goes a very long way. It is our privilege to help in empowering and enhancing the great gifts of children, to play a part in easing their struggle towards a promising future. We hope you can share in this privilege too.

OUR VISION

To empower children through knowledge, training, and the power of collective action to change their communities from the ground up



Our energy makes all the difference - Adarsh Bal Sangathan- Village Pasoli

OUR APPROACH

The idealism and energy of youth is the best antidote to the forces of marginalization, corruption, helplessness, and apathy under which most rural communities struggle to survive. We tap that energy to help young people create a better world for themselves and all around them. It is nothing less than a revolution in how the people—especially the young people—of the mountains perceive themselves and how they address problems in their communities.



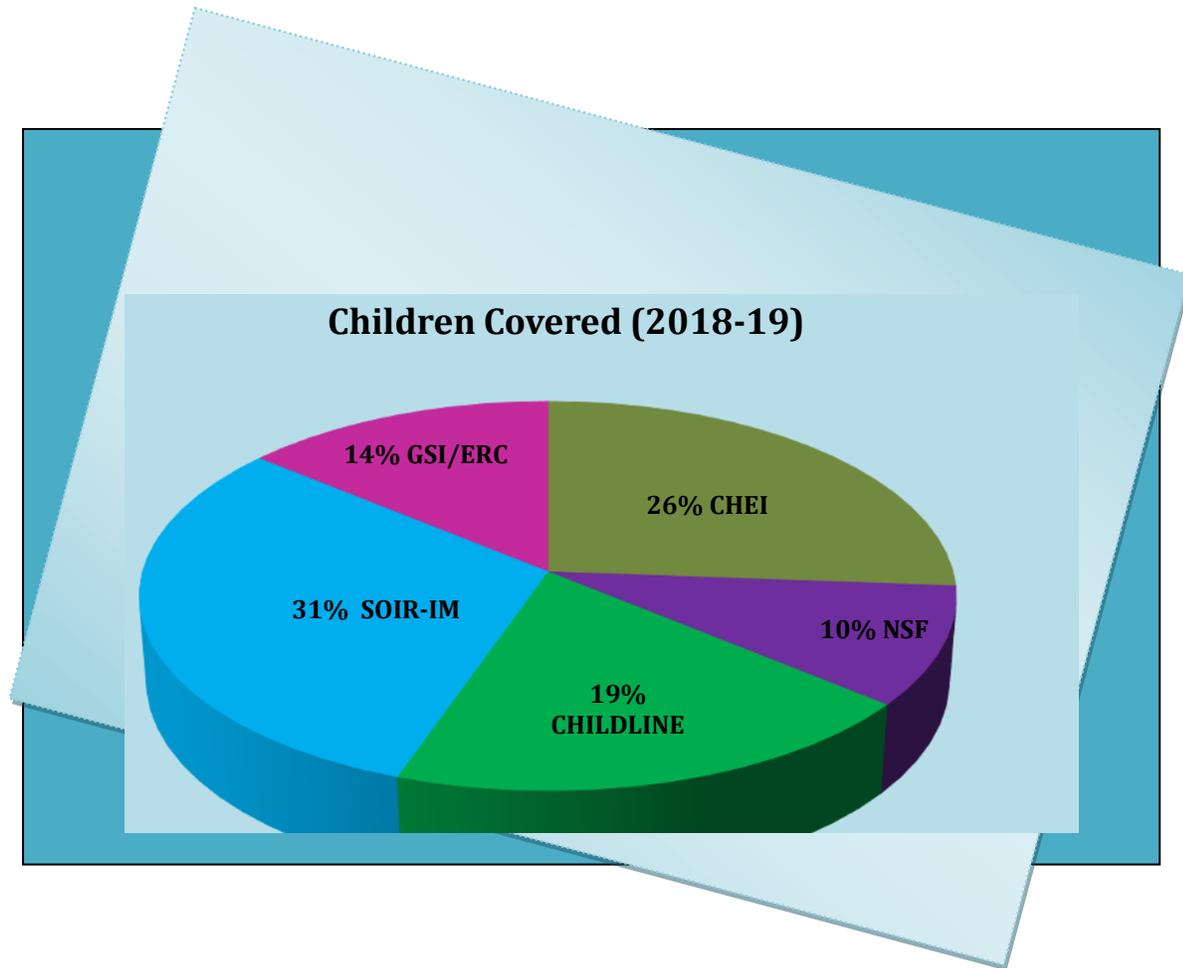
Learning can be fun - Village Kedarawala

Our Mission

- To enable children to become committed, effective citizens, who through collective action, build a foundation of trust and respect for one another, and become agents of change in their communities.
- To create spaces for child participation wherein the individuality and rights of the child are respected:
 - By working closely with the Indian Government systems to make programs more efficient and effective
 - By nurturing communities that give children the opportunity to develop their full potential
 - By identifying and solving the challenges to a child's full growth and potential

OUR REACH AND INFLUENCE

CURRENT PROGRAMS

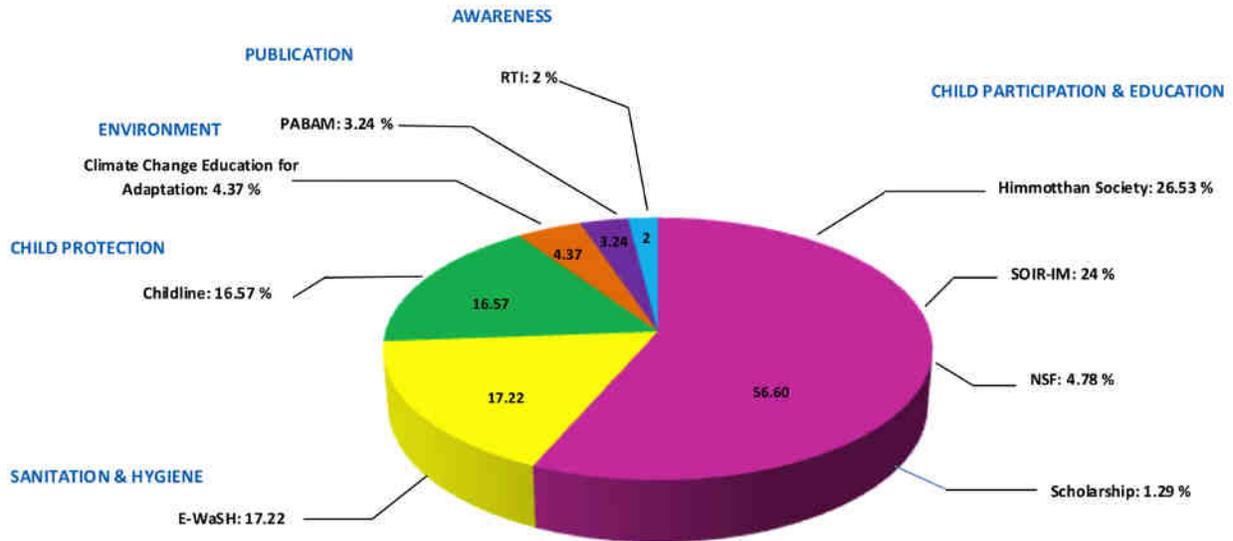


CHILDREN HELPED THROUGH HELPLINE: **614**

CHILDREN PARTICIPATING: **2574**

ALL CHILDREN DIRECTLY BENEFITTING (2018-19): **3188**

FUNDING PATTERN (2018-19)



OUR LARGEST INVESTMENTS ARE IN CHILD PARTICIPATION AND EDUCATION

The MCF programs

CHILDLINE

Climate Awareness

Central Himalayan Education Initiative

Digital Learning for Quality Education

Awareness Generation on RTI

Inclusive and Quality Education for Children

PABAM (A Children's Magazine)

MCF CHILDLINE: A 24X7 helpline for children in crisis



Street Play and Outreach at Madras Colony Dehradun

Partners: CHILDLINE India Foundation
Nirbhaya Prakosht
The District Labour Task Force, Uttarakhand
Special Juvenile Police Unit

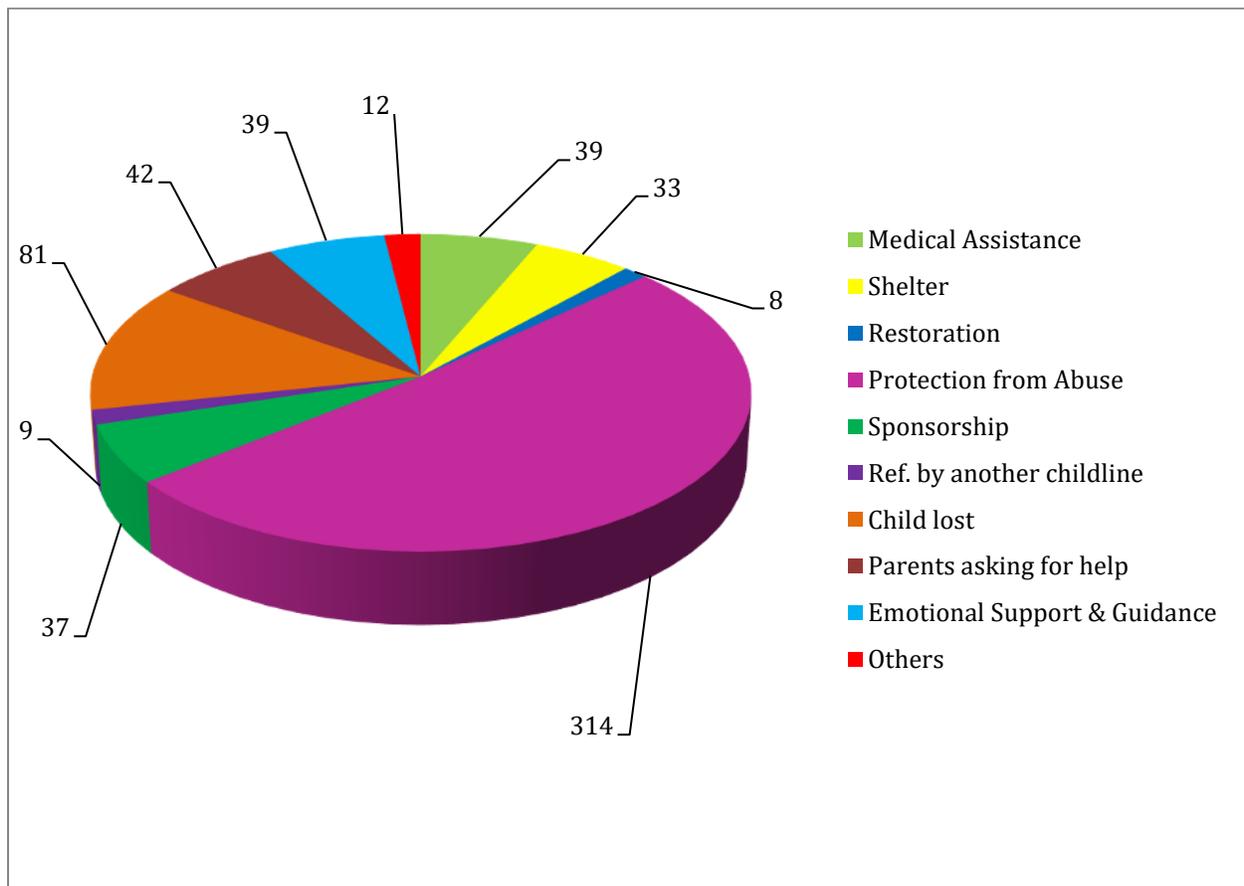
Children helped (2018-19): 614

Region covered: Dehradun City and District

MCF CHILDLINE helps children who are injured, in need of care and protection, separated from their families, suffering from mental or emotional illness, and who have been victims of child labor, neglect or abuse. This year we have seen an increase in child sexual abuse victims, and children working on the street as beggars or trash-pickers. Our network of law officers, government systems and NGO's **protects** the children in the community, while raising awareness and understanding so that we can **prevent** many tragic situations before they begin. MCF CHILDLINE uses plays and street theatre in the **healing process** for the children and community, to break the cycle of abuse.



Rally against addiction Rest Camp Dehradun



Our successes

- ❖ Sexual abuse victims and their caregivers learned to file reports against perpetrators, and help bring them to justice. Child victims are supported in this process through the *Nirbhaya Prakasht (A fund for victims of Sexual Abuse)*.
- ❖ MCF, now a member of The District Labour Task Force, has raised awareness about Child Labour. The Child Labour Department is now concerned about child labour in the district. The District Magistrate fully supports an end to child labour in the district and has called for monthly meetings of the district level child labour task force of which MCF CHILDLINE is a member to monitor child labour in the district and takes steps towards its elimination.

Sometimes children just need someone to talk to. This is when we at MCF CHILDLINE listen, support and counsel the children who call our 24X7 emergency helpline.

INCLUSIVE & EQUITABLE QUALITY EDUCATION FOR CHILDREN



RTE Training Kedarawalla Vikas Nagar Dehradun

Partner: SOIR-IM

Area Covered: Vikasnagar Block, Dehradun

Number of Bal Sangathans: 16

Children directly reached: 979

We began this project in October 2017 in 16 villages in the Vikasnagar region to improve the quality of education for the mountain children. SOIR-IM and the MCF wanted this exciting program to:

- Involve our communities in education through School Management Committees (SMC) mandated under RTE at school level and Mother's Committee intended by ICDS at Anganwadi centers.
- Improve learning outcome of students in primary schools

THANK YOU, SOIR-IM, for supporting this project for two years more before we say goodbye in 2020!

Here is what we achieved together

- Strengthening SMCs and *Mata Samitis* (Mother's Committee) and by involving Panchayats in the work. Generating resources from Nucleus Software Foundation (NSF) for improving learning outcomes of students in primary schools.
- Implementing both the programs in the same field so that they are complementing and supplementing each other.

- Organizing children into **16 Bal Sangathans** (513 girls and 466 boys) (in total 979!). MCF is strengthening these Bal Sangathans by making them aware of their rights as mentioned under UNCRC with especial focus on their **Right to Education** and about the moral and legal duty of who have the responsibility to fulfill those rights.



Bal Sangathan meeting - Village Rudrapur Dehradun

- Reviving 16 **School Management Committees (SMCs)** and 29 *Mata Samitis (Mother's Committees)*, Mobilizing SMCs, Mother's Committees and sensitizing panchayat representatives to facilitate them to work as collective voice for marginalized people. MCF helped SMCs to identify issues in their schools and approach the authorities to demand appropriate solutions. The Mother's Committees now know the importance of growth monitoring of children under five. They know the link between nutrition and brain development. They are close to becoming functional committees, empowered to understand their roles and responsibilities; participate in meetings; monitor the quality of THR (Take Home Ration).
- Jointly, the SMCs, VEC (Village Education Committees), Mother's Committee, Bal Sangathans and the Panchayat Representatives enrolled 144 dropped out or never-enrolled children in school.



Children in GujjarBasti washing hands before mid-day-meal

The CRC, BEO, Director, Primary Education and District Child Protection Committee, Chairperson of Uttarakhand State Commission for Protection of Child Rights and JJB, has brought formal education to the children of Gujjar community, who have been living on forest land for many generations without any school facility in the habitation. **The hamlet, which is about four kilometers from Mengwala Village now has a small school room, a teacher has been appointed by the department and mid-day meal facility has also been provided.**



Initial School Room Gujjar Basti

CLIMATE AWARE CHILDREN: towards sustainability



Carbon Footprints and changes we can make - Village Dohre Ki Dandi Vikas Nagar Dehradun

Partners: ERC, Small Change, GSI

Bal Sangathans participating: 12

Children reached: 360

Resource Persons: Dr Shivani Barthwal Scientist - Wildlife Institute of India (WII) Dr Sunil Barthwal – University of Petroleum and Energy Studies (UPES).

Region covered: Vikasnagar Block, Dehradun

Children usually suffer the effects of climate change disproportionately, especially in the mountains. We work with *ERC (the Education Resource Center Trust)*, *GSI (Good Souls Initiative)* and *Small Change (Online Crowd Funding Platform)* to better equip children to respond to climate related challenges. We work to give them skills necessary for climate change adaptation. We help shape their values, attitudes and behavior towards environmental sustainability.

We conducted these workshops with the Bal



Learning and Fun at the Science Center Jhajhra Dehradun

Sangathans (children's groups):

Global Warming, the Environment and Ecosystem.

With experts from Wildlife Institute of India (WII) and University of Petroleum and Energy Studies (UPES): **The local level impact of climate change**

Biodegradable waste and understanding the term “carbon foot print”

Disaster Risk Reduction. This session ended with a quiz competition and the winners were taken to the Regional Science Center to know more about Science and Environment.



The participants identifying safe & vulnerable places in their villages during workshop on Disaster



The expert from WII explaining the local level impact of climate change

“The workshops organized by the MCF are raising awareness of environmental issues. I learnt about ways to reduce carbon dioxide. Even our teachers in school do not provide such information. I also got to know about the crops like Mandua/Ragi (Finger Millet) and Jhangora (Barnyard Millet), which are considered as super food. This information was new for me. Earlier in our villages these crops were in plenty but now the trend has changed and our families are now growing rice and wheat”

Saloni, Village Devthala, member of Kiran Bal Sangathan

“If we want to bring change we must start by changing ourselves: if we talk about sanitation & hygiene, we must first keep ourselves clean, then only we can encourage others to do so. In the workshops on climate change, we learnt about 3Rs i.e Reduce, Reuse and Recycle, importance of plantation and reducing the use of plastic. Didi told us about climate and weather and difference between them. This was interesting for me, she also explained the ways to reduce carbon dioxide. I realized that our choices can make huge difference, for example choice between plastic bag or cloth bag while going for shopping, similarly choice between eating healthy food or fast food etc...can have significant impact on our planet earth. It's in our hands to save our earth.”

Priyanshi, Village Papdiyan, member of Lehar Bal Sangathan:

CENTRAL HIMALAYAN EDUCATION INITIATIVE (CHEI)



Anganwadi Kumjug – Meeting of Mother’s Committee

Partners: Himmotthan Society and Indians for Collective Action

Community Partners Bal Sangthans, Anganwadis, Mata Samitis, Community Based Organisations, Village Health Sanitation and Nutrition Committee

Region Covered: Vikasnagar Ghat Block, Chamoli.

Bal Sangathans participating: 21

Children reached: 834

We began this program in 2015 to improve Early Childhood Care and Education through the anganwadis (kindergartens). Three years in, we are ready to have the children take the lead in running the meetings!

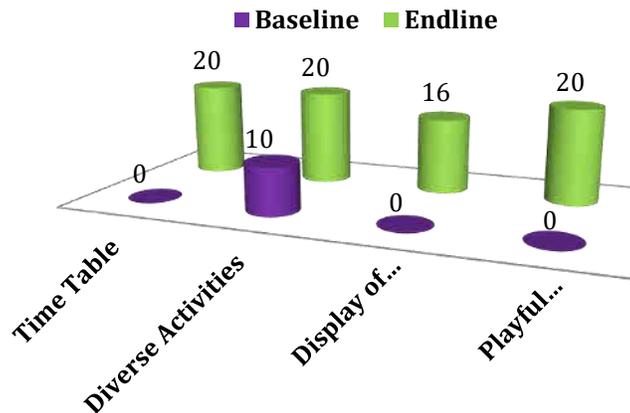
We made a film.

A documentary film highlighted the success of the program and the work done in past three years. The film captured important changes in the Mother’s Group (Mata Samiti),

kindergartens (Anganwadis), CBOs and the Children’s Group (Bal Sangathans). Our film is used as a model for other regions.

Checking on our progress

Community participation is very important to us. We are also interested in knowing how happy, engaged and active the children are in the agnganwadis after our intervention. Here is what we found in the twenty anaganwadi we surveyed.



ECCE SERVICES OVER THREE YEARS OF THE MCF PROGRAMME



Meeting of Shivalaya Bal Sagthan Lunthara Ghat Chamoli

Children still need the support of a facilitator. Indians For Collective Action (ICA) Provided us the resources to continue to visit the villages and help the Anganwadi workers. The children still remember basic health and sanitation education and Shivalaya Bal Sangathan Lunthra and Raj Rajeshwarin Bal Sangthan Charbang hold meetings to continue the good work!

The village of LwaniGwad had realized the importance of having a dedicated center for their children and the anganwadi (originally being run from a rented space) was built and was completed in Jan 2019 under the MANREGA program. The number of children attending has increased.

Despite this, a 6-month gap showed us that the community starts “forgetting” if we don’t have refresher workshops and continuous follow-up and teams to guide the community till change is ensured.



Take Home Ration Distribution Fali – Ghat Chamoli

DIGITAL LEARNING FOR QUALITY EDUCATION



Certificates for clearing level 7in English

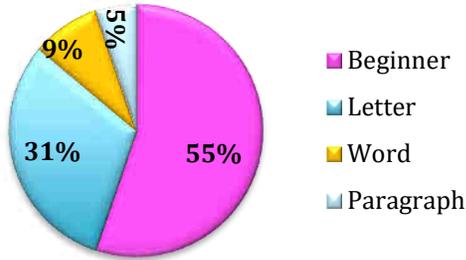
Partners: Nucleus Software Foundation (NSF)
Region Covered: Vikasnagar Block, Dehradun
Number of Villages: 17
Children reached: 315

Not everyone learns in the same way.

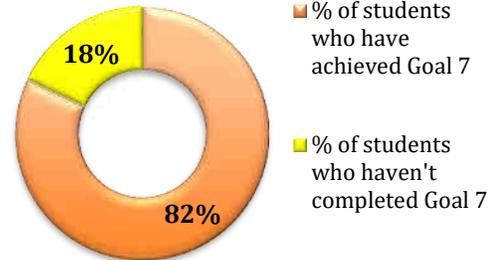
Ourremedial teaching program helps children with learning challenges.

Analysis of the study “*Learning Outcomes of Students in Grade 3rd and 4th of Government Primary School (2018)*” conducted under SOIR-IM supported program, helped us to design these special classes, begun 1st of April 2018 for children in grades (or standards) 3rd, 4th and 5th. The children were taken through series of specially designed syllabus in Math and English. English Level I introduced the concept of phonetics (sounds of English Alphabets followed by reading three letter words).

Assessment of Reading Skills Before Teaching English Level I



Performace of the students in English Level I (Reading Skills)



Our evaluation showed improvement in learning outcomes of the students!

Students in Maths level 1 understood *number progression and position* which helped them in counting and solving problems like after and before, *ascending and descending order*, fill in the missing number. They also progressed in addition and subtraction.



Reinforcing learning with the help of TABS



Developing the concept of Number Progression with the help of Math Mat

The NSF is supporting 7 of our students through scholarships. They had just passed out of class 10 and were in class 11. We will support them till they clear their class 12 so that they can plan their career path ahead.

AWARENESS GENERATION ON THE RIGHT TO INFORMATION (RTI)

Partner: RTI Commission of Uttarakhand

Area Covered: 2 blocks in the Gahrwal and Kumaon Region. 30 villages of Uttarakhand 10 in Ghat Chamoli, 5 in Vikasnagar Dehradun, 10 in Bheemtal and 5 in Pithoragarh.

Number of Villages: 30

Adults and children reached: 1514



Community Members and Children after the Training on RTI in Village Kumjug Ghat Chamoli

It was exciting to reconnect with the RTI commission after several years, and to conduct RTI awareness programs in October 2018.

Our RTI awareness workshops educated children about

- Why the act was framed,
- When it was framed what the procedure was to file a complaint
- Fees and the time frame for answers and if answers were not given where they could file a complaint.



THANK YOU, Mr Daulat Singh Rawat, for welcoming children in their quest for information and clarity.



Training at Kheda Pachua Vikas Nagar Dehradun

Page 1				
<u>Kundhasood Ghat Chamoli</u> How many toilets have been made in the village by the Government and what has the cost been? Mr Baag Singh	<u>Dharmoon Ghat Chamoli</u> A road has been made in the village and several fields have been cut, how many people have got compensation and when will the rest get compensation? Mr Makar Singh		<u>Kodarawalla Vikas Nagar Dehradun</u> We haven't received money for our toilets under the scheme. I had filed an application to make my house under the Indira Awas Yojana but have not got any answer. Shahana	<u>Kedarawalla Vikas Nagar Dehradun</u> Water on the road doesn't drain away and causes problems for children and adults alike. Shamshaad Ali
<u>Saintoli Ghat Chamoli</u> During the monsoon a large rock came loose and is a potential disaster for our village what is the government doing about it? Mr Lakpath Singh Rawat	<u>Baadwala Vikas Nagar Dehradun</u> Women from the number 8 Inasti said that there weren't any toilets in their part of the village, so when would they be made? Mrs Deepa Devi, Mrs Rambali Devi, Mrs Meera Devi		<u>Dunga Khat Vikas Nagar Dehradun</u> Money of different programs for children like scholarships, food and uniform don't reach on time. Mr Rajender Singh	<u>Dunga Khat Vikas Nagar Dehradun</u> Old Age pension - not getting it and money not reaching on time. Mrs Bhoti Devi
<u>Baadwala Vikas Nagar Dehradun</u> There is no Anganwadi in our village and several children who need the services of the Anganwadis? Mrs Deepa Devi	<u>Kheda Parhna Vikas Nagar Dehradun</u> What is the process of making a BPL card and what material is distributed under the PDS system? Mrs Asha Chauhan		<u>Dhore ki Dandi Vikas Nagar Dehradun</u> Water scarcity in the village which is worse in the summers. Mrs Bрами Devi	<u>Dhore ki Dandi Vikas Nagar Dehradun</u> Barkote village does not have a panchayat house the school in Village Toli is in a very dilapidated state. Should be broken down immediately. Mrs Usha Devi

These two pages show the name of the village, the question asked by the children and adults, and the villages they were from.

Page 2				
<u>Chattabawad Dharchula Pithoragarh</u> Construction work has been carried out in our village but we do not know the cost or the funds that have come from different departments. Mr Mangal Gwal	<u>Nayabasti Dharchula Pithoragarh</u> The building of our school is incomplete, we want to know when it will be completed and when the funds will be released? Vikas Marchal		<u>Manora Nainital</u> How can we access funds to build a concrete road in our village? Mrs Deepa Devi	<u>Shashani Nainital</u> Works being carried out under the Manrega program. Mr Shankar Kumar
<u>Balokot Dharchula Pithoragarh</u> Our school doesn't have toilets or drinking water. Nisha Chalal	<u>Nayabasti Dharchula Pithoragarh</u> Construction work has been carried out in our village but we do not know the cost or the funds that have come from different departments. Mr Rajendra Marchal		<u>Son Village Nainital</u> Information about programs that are carried out by the panchayats Mr Yashpal Nyal	<u>Lakfoa Nainital</u> No Drinking water in the village. Mr Dinesh Chandra
<u>Nayabasti Dharchula Pithoragarh</u> Our school doesn't have water or toilets. Sagar Marchal	<u>Bhoomiydhaar Nainital</u> Our village has a water problem. How will that be solved? Mrs Dharna Devi		<u>Alcuna Nainital</u> No Drinking water in the village. Mrs Kamla Devi	<u>Mangher Nainital</u> Information about the Anganwadi. Mrs Tulsi Devi

Graphics by Maya Dalal



Ms Reema (Village Soong Ghat Chamoli), is happy be aware of the power of RTI in solving community problems

What is RTI?

India’s 2005 Right to Information Act (RTI) is one of the most ambitious and proactive sunshine laws in the world. It provides Indian citizens with unprecedented power to ask questions of their government at every level. The process is simple and the fees nominal. Those living below the poverty line are provided information free of cost. While the RTI Act 2005 only provides the means through which answers can be sought, the filing of an application often creates unprecedented positive change to unresolved problems.

The RTI awareness program makes children and adults aware of the RTI law and the process through which anyone in the community can ask their government any question about what government should be doing for the community. Through this process, children and adults have been able to bring attention to problems in their communities. They were taught how to use every resource available to solve those problems. They learn to communicate and become leaders, and to become engaged actively in the process of their own social changes.



Children and adults learning about RTI through a poster developed in 2010 by the MCF



The different ways the RTI fees of Rs 10/- can be paid

'PABAM' A HINDI MONTHLY MAGAZINE FOR CHILDREN



Children of village Kundbagad Ghat Chamoli - happy to get their PABAM magazine

Partner: Our benefactor prefers to be ANONYMOUS

Area Covered: Uttarakhand

Children directly impacted or reached: over 3000 children in Uttarakhand 979

PABAM - Since 2003, our monthly Hindi-language magazine, *PABAM*, has served as a platform for the children to exchange ideas and share their experiences while also acting as a vehicle to disseminate information into remote regions, in a language they understand, can relate to and can express themselves in. PABAM is a tool to help children understand the importance of Children's Groups and the strength they have as a collective. Children enthusiastically share their experiences, success and drawings through the magazine. The magazine equally interests the children's parents (especially when they see their child's name in the magazine). This year 12 issues of the magazine were printed with children's letters and drawings, general knowledge quizzes, and articles about major activities held throughout the year.



We have been busy!

- **Awareness rallies by the Bal Sangathans:**

40 awareness rallies organized by the Bal Sangathans to raise awareness around using toilets, personal hygiene and potable drinking water. The members of the [Bal Sangathans](#) prepared placards on the topic and walked through their villages to pass on the message of sanitation and hygiene.



Village Kumjug GhatChamoli- At the Anganwadi learning how to wash hands the right way

- **Wall Painting/ Slogan Writing for awareness:**

Slogans created by the [Himmotthan Society](#) were used in 20 anganwadi centers/villages. A total of 400 slogans were written in 20 anganwadi centers/villages. In addition to this RTE and Child Participation related slogans were written at different locations in 16 villages supported under [SOIR-IM](#) programme.

- **Quiz competition with the anganwadi children organized by the facilitators:**

Organized in all anganwadi centers to gauge the awareness level of the children regarding [E-WaSH](#). Winners of the final round received accolades for their achievement.

- **Demo Sessions:** The field motivators working under the [E-WaSH programme](#), gave demos on hand washing and other hygienic practices during meetings and also at the anganwadi centers.

- **Healthy Anganwadi Survey:** The healthy anganwadi survey was conducted twice during last six months to evaluate their status on the basis of 32 parameters. Some of the parameters to judge the status of the anganwadi centers were availability of potable drinking water, toilet facility and its use, personal hygiene etc. The first six anganwadi centers were rewarded for the standards they have maintained in terms of cleanliness.



Children from Villages Lunthra, Kundbagad and Kurur at a retreat camp

- **Health Check-ups:** Health check-ups were organized in all 20 anganwadi centers with the support from [ANM, ASHA and anganwadi workers](#). A format comprised of

various parameters like personal hygiene, weight, etc was designed for the purpose to assess each child's health.

- **Retreat Camps:** The camps were organized at five location viz. Bontha; [Government Inter College Kundbagad](#); [MCF field office, Ghat](#); [Government Primary School, Bhainswada](#); and [Government Senior Secondary School, Kumjug](#). In each of these camps, 10-15 members of different Bal Sangathans participated. The participants shared their experiences of the programme through paintings and slogans. They also gave demo on hand washing, trimming nails, and brushing teeth.
- **Exposure Tour-Anganwadi Workers and presidents of the Mata Samitis:** The participants were taken on an exposure tour to the six model anganwadi centers developed under the [CHEI programme](#). The participants interacted with the anganwadi workers and the helpers of these model anganwadi centers to develop their understanding about the WaSH activities so that they can replicate the same in their respective anganwadi centers.
- **Exposure Tour-Anganwadi Helpers:** The participants were taken to the model anganwadi centers of Kumjug and Lankhi. As the [anganwadi workers](#) play important role in the centers it is important for them to upgrade their skills and learn from each other.
- **Healthy Baby Shows:** To involve mothers in the health and hygiene of their children, MCF organized healthy baby shows in 20anganwadi centers. The Baby show was judged on the basis of cleanliness of the child, weight, status of immunization, cleanliness of the guardian, and attendance of the mother in the [Mata samiti](#) meetings. Along with the winners, small prizes were distributed to all the participants.
- **Block Level Experience Sharing Workshop:** [The anganwadi workers, the Mata Samiti, Assistant Block Development Officer, Anganwadi Supervisor, Kanishth Block Pramukh, Shri Vijay Prasad Mandoli the social worker from Ghat and Shri Virendra Verma, team leader, E-WaSH program](#) were present in the workshop. The sustainability aspects of the program were discussed. The participants requested for a scale up the program to cover rest of the anganwadi centers of the block. The anganwadi workers assured all present that they would continue the software component of the program while the gram panchayat and the mata samitis will take care of the hardware
- **Training of Panchayat Representatives and community members on RTE**
Under the [SOIR IM](#) program 156duty bearers were informed of their roles and responsibilities given under the Right to Education Act, 2009, to build synergies between all the stakeholders to jointly address the issues of mutual concerns and reach practical solutions. The workshop was also a medium to discuss and share the details of drop out children in the villages
- **Retreat camps for the anganwadi children:** The camps covered all the children of 20 anganwadi centers. During the camps, the children were taken for a picnic. This

was a fun way of delivering hygiene education that encourages the development of healthy behaviors for life. The children also sang songs, played games and enjoyed the day by engaging in various activities under the EWaSH programs.

- **Videography at six model anganwadi centers:** Video clipping of WaSH activities in the model anganwadi centers were prepared and shared.

- **Puppet shows and Nukkad Natak:** Puppet shows were organized in 10 villages to spread awareness regarding WaSH. This activity was facilitated by the [Himmothan Society](#). While under the [SOIR-IM programme](#), 4 nukkad natak on Right to Education and Sanitation & Hygiene were organized.



Puppet Show and Street Play at

- **Installation of sign boards:** Sign boards were prepared and installed at the 20 anganwadi centers. This activity was facilitated by the [Himmothan Society](#).
- **Open House:** 'Open house' were conducted in 12 different slums areas to reach out to the children and their parents and to involve them in a discussion and dialogue about their safety and protection. Through street plays , games and different activities information on child sexual abuse, child labour, sanitation and hygiene, substance abuse was shared.
- **CHILDLINE Se Dosti Week:** Week long activities highlighting 1098 the emergency phone number for children and creating links between children and the child protection mechanism in the district.
- International **collaborations: students at Macalester College, Minnesota USA,** to write curriculum and explore new pedagogies of teaching and learning for the children and facilitators.



Game on sharing limited resources

- In October 2018 Aditi was invited to speak at the **ICA Golden Jubilee Celebration: 'Beyond the Classroom, Empowerment and Accessibility'**. This was a wonderful platform to speak of and to share what the children of the mountains had done. The response was very encouraging. Inika our young supporter came with her special handmade organic soaps with which she used to raise funds for the MCF

OUR PARTNERS. THE DIFFERENCE YOU MAKE IS CRITICAL

[Education Resources Center \(ERC\)](#) supports for our fledgling environment program along with personal donations and added resources from Small Change. This was an exciting and in a new direction for the MCF. The IRIS KPO Resourcing (I) Pvt. Ltd is now supporting us to take this program forward. ERC also supported our team member Hemant Dhiman start on his educational path to becoming a lawyer. Hemant has cleared two semesters and continues his studies.

[Indians For Collective Action \(US\)](#) is helping to strengthen our child protection team and their outreach as well as the work we are carrying out in Ghat Chamoli. We were able to keep active 20 villages, with 20 Anganwadis and 20 Bal Sangathans.

[Small Change](#), An online platform, helped us raise funds for Muskan so that there was food for the family and her grandmother did not have to go to the forest to collect wood to sell and Muskan could go to school every day.

[Macalester College's Dewitt Wallace Library and the students of Macalester College's Education Studies](#) worked with our team to design new pedagogies in after school learning programs, and is helping us raise our global visibility and outreach.

[We are also deeply grateful to all our individual donors and sponsors who have helped us go that extra mile:](#)

India: Comd. Narayan Rao, Mamta and Chetan Sharma, Mrs. H Dugal, Vineet Arneja, Vabhaiv Kumar, Lalita Ramdass, Manish Khanna, Arnab Dutta, Ashish and Ram Kumar, Amarinder Butalia, Puru Indu Upadhaya Foundation, Rishabh Joshi, Mrs. Kiran Ghosh, IRIS KPO Resourcing (I) Pvt. Ltd, Samir Shah, Anil Bisht, Manish Khanna, Harsh Mani, Hotel Basera, Vipra Vaish, Navidita and Vivek Sharma

USA: Avinder Singh, Smita Patel, Ashish and Neelu Mehra, Rosaline and Jay Maloney, Lavish Bangia, Urvashi Bali, Ila Patel, Charlie Mack Lundstrom, Sonia Mehta, Vibha Akkaraju, Kushal Dagli, Vipin & Meenakshi Bhavsar Charitable, Jerina and Uday Kapoor, Lavish Bangia, Chad Cherial, Chand & Malini Deepak, Amar Singh, Lawrence Smith, Arogyaswami J. & Nirmala Paulraj, Harvey and Carmen Gotliffe

Meet the Team



MCF Ghat Team



MCF CHILDLINE Team



MCF Vikas Nagar Team

Sudhir Bhatt- Trainer and Coordinator Programs
Dwarika Parsad Nauni – Program Manager Ghat Chamoli
Ravindra Singh Chauhan – Finance Head
Himani Chandola – Coordinator Environment Change and Documentation
Ashok Bisht – Coordinator Ghat Chamoli
Deepika Panwar – Coordinator MCF CHILDLINE

“When you educate a child, you educate three generations”

Aditi Kaur

Join us!

mcfglobal@ gmail.com

www.mcfglobal.ngo

For donations in India: <https://www.smallchange.ngo/ngos/mountain-childrens-foundation/>

For donations in the USA : <http://icaonline.org/portfolio-item/mountain-childrens-foundation/>

PREVENTION OF SEXUAL HARASSMENT

To abide by the guidelines put down by the Supreme Court and to ensure a healthy working environment that enables employees, contract workers, part-time staff or volunteers to work without fear of prejudice, gender bias and sexual harassment, MCF has adopted a policy on prevention of sexual harassment. An Internal Complaint Committee (ICC) has been formed for redressal of grievances related to sexual harassment. The committee includes:

1. Deepika Panwar - Chairperson
2. Himani Chandola Chhimwal - Member
3. Ravindra Singh Chauhan - Member
4. Ranu Bisht – External Member

The MCF staff has been trained on POSH. It has been made mandatory to inform the newly appointed staff about the policy.

The following report has been submitted by the committee.

S.No	Particulars	# cases/activities
1	Number of complaints of sexual harassment received in a year	Nil
2	Number of complaints disposed of during the year	Nil
3	Number of cases pending for more than 90 days	Nil
4	Nature of action taken by the employer	NA
	Number of workshops or awareness programs conducted by the organization	Four awareness meetings were held with the team

MCF Governing Board Members 2018-19

NAME	ADDRESS	NAME OF FATHER/HUSBAND	GENDER	OCCUPATION	DESIGNATION
Ms. Aditi P Kaur	63- A VyomPrasth, G.M.S Road, Dehradun, U.K.	D/o Capt. Joginder Singh	F	Gender Specialist/ Social Worker	President
Mr. Sunjoy Joshi	C II – 81 First Floor South Extension Part II New Delhi	S/o Late R.L. Joshi	M	Director Observer Research Foundation	Vice President
Ms. Khila Bisht	62, GF, A Block Greenwood City Gurugram Haryana	D/o Late S.S.Bisht	F	Writer/ Social Worker	Secretary
Mr. Sudhir Bhatt	63- A VyomPrasth, G.M.S Road Dehradun, U.K.	S/o Late Govind Ram Bhatt	M	Social worker	Treasurer
Ms. Kiran Ghosh	24 Rajender Nagar Kaulagarh Road Dehradun, U.K.	W/o Late Manus Ghosh	F	Teacher	Member
Mr. Cyril R Raphael	12/26 Ashirwad Enclave, Dehradun, U.K.	S/o Late Dr. Stephen C. Raphael	M	Secretary, THT and Chief Advisor-SBMA	Patron
Ms. Shalini Sinha	12 AWHO flats Indira Nagar, Dehradun, U.K.	D/O Late Ranvir Sinha	F	Artist	Member



**THANK YOU FROM THE MOUNTAIN CHILDREN'S
FOUNDATION**